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# Guys Are Waffles, Girls Are Spaghetti



## Synopsis

Boy meets Girl; Boy wonders what in the world Girl is talking about and how he will ever keep up. Girl wonders what is wrong with Boy. Enter, Waffles and Spaghettiâ ”every teen’s guide to figuring out the opposite sex and understanding and valuing our unique differences. In a pivotal time of their development and social lives, teens are left to try and understand one another without much guidance.Â The purpose of this book is to help better understand themselves as well thoseÂ from the "alien gender". Guys’ brains are like wafflesâ ”they keep their lives compartmentalized in boxes. Girls’Â brains are like spaghettiâ ”everything in their life is connected to everything else. This book for teens includes brain development, social habits, differences in emotions, and relationship building skills for teens to develop early in their life.Â Loaded with humor and fun examples, this is a great way for teens to learn about healthy relationships with the opposite sex.

## Book Information

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inÂ Kindle Store > Kindle eBooks > Teen & Young Adult > Social Issues > Being a Teen #37

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inÂ Books > Teens > Social Issues > Being a Teen

## Customer Reviews

This book has been on my Kindle wish list for over 5 years. This year I started using online rewards

to buy gift cards so I ended up going through my lists and this was in there. It was worth waiting for it, but I wish I would've bought it earlier. As a young adult (19), I only wish my parents would've shown this to be when I was growing up. It goes over how gender affects your decision-making in relationships. I'm currently in a relationship with someone who brought up how I have to sometimes slow down, because he can only process so much at once. This book will make you laugh, cry, and even question for yourself if you think they are right. They by no means are telling you exactly how guys and girls are different, but they do tell you how differences might be evident in your relationships you encounter.

Chad Eastham delivers again! This book provides a fresh take on a old theme, aimed at a younger audience. Eastham writes candid and helpful books for teens and young adults to help them figure out life. You may like this book if you are wanting to understand people better and improve your relationships, especially with the opposite sex.

This is one of my favorite books I rec this for men and women of all ages (this was written for teens, but I actually like this one even more). It explains how men and women, in general, think differently and how their brains are programmed from the womb. It helps in relationship counseling. I gave it to my teen son so he could understand how women think!

I am 16 and this book amazed me! It was like Chad had written this book especially for me! He talked about all of the problems I had thought were just me and I felt like he was talking to me one on one because of the language he used in the book. Rather than being professional, cold and impersonal, he used language you would use when talking with a friend. I loved the book and it really brought me to understand what makes girls and guys so different and it made me laugh alot along the way. I would recommend this book to any of my friends! It was a wonderful read and really helped me wrap my mind around why guys are so different from me and my girlfriends.

Great read for all ages. Perfect gift for that teen with angst over opposite sex dealings. Perfect gift for all ages who haven't figured it out yet! You will laugh and shake your head in absolute agreement with much of this book.

This book is well done. I had read the first version for adults Men are like waffles, women are like spaghetti several years ago. I bought this one for my young adult child and it would have been

better suited for high school or even jr high age kid. However my daughter get some good information from it.

This is a excellent book and it came in on time. Even though I bought this book used, it was still in pretty good condition. I have read many book by Chad Eastham and for me this book was somewhat repetitive. However, the book is very enlightening and had some great points. It's a good read and I recommend reading it if you are not familiar with Chad Eastham's work.

I enjoyed reading. It was a fast read and made perfect sense. I often refer back to it when I explain how girls think like Spaghetti and Guys think like waffles. You'll have to read it. Perfect for young and old alike

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